What Do You Do When You Don’t Know What To Do?

I am a big Doctor Who fan. He is always able to solve the unsolvable by seeing the unobvious and deducing the implausible. He may need some assistance from his female companion or his sonic screw-driver but he always works out what to do to save the day. Despite having two hearts, his skills are not superhuman rather those of problem solving through logic, deduction, perseverance, persistence and asking the right questions.

What do you do when you don’t know what to do?

Developing the skills and strategies in dealing with the unknown and the new is something that all children will need to be successful in the future. The world that our children are growing into will be very different from our own. Change is occurring so quickly in everything. Technology is changing every aspect of work and society. Manual and skilled jobs are being replaced by robots and automation. Our children will be working in jobs that have not even been dreamt of yet. Adaptability and an open, learning mindset is the key.

How do we assist children to develop these skills?

One cannot be a nimble thinker and problem solver if one is fearful of being stuck, fearful of making a mistake or fearful of the discomfort of not knowing what to do. We want children to have a go and be risk takers but we too often cotton wool them to the extent that we rob them of their opportunity to learn.

Has your child spoken with you about the Learning Pit? (Look for the poster in every classroom.) Getting stuck is where the best learning takes place. When we are stuck we might get negative feelings like discomfort, frustration, helplessness towards our learning. We hear children say, “I won’t do it.” or “I can’t do it.” If we intervene at this stage and rescue by doing it for them they will learn that getting stuck is a bad thing, that the negative feelings are bad and they will continually shy away from a challenge. They will not develop persistence or resilience toward learning.

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As a child struggles with a problem get them to ask questions to clarify and explore the options. Answer their questions with questions rather than an answer so that they are doing the thinking and solving the problem themselves. Ask them where they might be able to find help – internet, Youtube etc and let them explore. As they begin to get themselves “unstuck”, they will gain confidence in their own abilities and develop an “I can do it!” attitude. This will benefit them throughout their life.

Doctor Who thrives on challenge. He doesn’t give up. He isn’t rescued. He persists and succeeds.

Stuck? Great! Good learning happens when you are stuck.

Bob Thiele
Principal

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**CHICKEN POX**

Chicken Pox has been reported in the Castle Unit. Chicken Pox is spread by airborne droplets produced by coughing or sneezing or with fluid from the blisters. The incubation period (time between becoming infected and developing symptoms) is 2-3 weeks but may be longer. The infectious period is from 2 days before the rash appears until at least 5 days after the rash first appears and all blisters have crusted over. Students are to be excluded from school until all blisters have dried (usually 5 days). People at high risk of complications from Chicken Pox include pregnant women, young babies, people with an immune deficiency or people with leukemia. Symptoms to watch out for are: slight fever and cold-like symptoms, followed by a rash. The rash is more noticeable on the trunk than on the limbs and may affect the scalp, inside of the mouth, nose and throat. The rash is usually itchy.

**HAPPY HOLIDAYS**

This has been a long and tiring term for students, parents, SSOs and teachers. Winter illness has taken its toll on many of us. We hope that everyone has time to rest and regain their health and vitality over the holiday break to be ready for a productive last term.

Bob Thiele, Sally Slattery & Scott Megson

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**SCHOOL WATCH**

Can neighbours and community members please watch the school carefully for any sign of trespassers, vandals or anyone acting suspiciously in or around the school grounds over the holidays. Please call Police Patrols on 131444.

Thank you for caring for our school.

Bob Thiele
Principal

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**Hackham East Primary School OSHC**

**Holiday Program for students aged 5 - 12 years**

<table>
<thead>
<tr>
<th>Monday 29/9</th>
<th>Tuesday 30/9</th>
<th>Wednesday 1/10</th>
<th>Thursday 2/10</th>
<th>Friday 3/10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Incursion</td>
<td>Movie Day</td>
<td>Wheels Day</td>
<td>Excursion</td>
<td>Guest Speaker</td>
</tr>
<tr>
<td>Animal Capers</td>
<td>Loony Tunes</td>
<td>Bring your wheels and helmet</td>
<td>Adelaide Oval</td>
<td>Waste &amp; Recycling</td>
</tr>
<tr>
<td></td>
<td>Theme</td>
<td></td>
<td>Arrive by 9:00am</td>
<td>What happens to your rubbish</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Monday 6/10</th>
<th>Tuesday 7/10</th>
<th>Wednesday 8/10</th>
<th>Thursday 9/10</th>
<th>Friday 10/10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Holiday</td>
<td>Excursion</td>
<td>Picnic at OSHC</td>
<td>Cooking Morning &amp; Craft Afternoon</td>
<td>Excursion</td>
</tr>
<tr>
<td>Closed</td>
<td>Fire Station, Tram Ride, lunch at Glenelg -</td>
<td>Lunch provided</td>
<td>Adelaide Zoo</td>
<td>Arrive by 9:00am</td>
</tr>
</tbody>
</table>

- Activities are subject to change or cancellation (eg weather, low numbers). Afternoon Tea is provided.
- Please bring a healthy recess and lunch each day.
- For bookings or enquiries, contact Jacky on 0499 228 039
- Notification of cancellations must be given at least 48 hours before the booked day so as not to incur a fee.

Jacky Smith, OSHC Director
Reminder

School Finishes at 2:00pm on Friday 26/9

Thank you to the parents/caregivers who are on time to pick up their child/children each day and on the last day of Term, it is appreciated. Please ensure you pick up your child/children at 2:00pm as staff have end of Term duties to attend to which may require them to be away from the Front Office.

Please contact Jacky Smith, OSHC Director if require after school care for your child/children.

Wishing everyone a safe holiday period.

MESSAGE FROM JULIA OSBORN

Wishing parents/caregivers, students and staff a happy and safe holiday period. I look forward to seeing you next term. Please drop in for a chat or coffee. You can find me in the Parent Room, Easton Unit (second door at the western end of the building) on a Monday, Wednesday or Friday from 8:30am to 3:00pm.

Julia Osborn
Christian Pastoral Support Worker

STUDENT PLACEMENT FOR 2015

A form for student placement in 2015 has been sent home for students in Reception to Yr 6. Staff will be involved in the process of class organisation and placement for students attending our school in 2015, which is an important and complex task.

Please return all completed forms to the Front Office by Friday 26/9.

No requests will be accepted after this date.
If you require more forms they are available from staff at the Front Office.

CANTEEN NEWS

Thank you to the parents/caregivers, grandparents and students who have assisted in the Canteen this Term, You help is invaluable and enables the Canteen to continue operating.
Thank you to those who have expressed an interest in helping, we look forward to you joining our team of Canteen helpers.
Volunteers are always needed and welcome - if you have any time to spare please speak with Coralie or Scott Megson. Your help is appreciated and valued.
Thank you to the parents, students and staff who have supported the Canteen this Term.

Coralie Goodman
Canteen Manager

LOST PROPERTY

Please check lost property boxes located in each teaching unit for any items that may belong to your child/children.
It is recommended that all items belonging to your child/children brought to school are named so they can be returned if found. Please check regularly to make sure the name can still be read.

JUMP ROPE FOR HEART

Did you know heart disease affects 2 out of 3 families?

Students will be participating in Jump Rope for Heart, “Jump Off” on Thursday 25/9 1:30-3:00pm. Help your child to have fun and support valuable research into heart disease by registering them online.

Parents and caregivers are invited to come along to watch and support their child during this event. You will be amazed at the students skipping skills. Join in the fun.

Sponsorship money and forms need to be given to Tracy Rowley (Finance Officer) by the end of the Term, Friday 26/9.

We look forward to seeing you there.

B Beare
JRFH Coordinator

SPORTS DAY

Parents, caregivers, friends and family are invited to attend Sports Day at Hackham East Primary School on Friday 31/10 from 9:10am-2:15pm.

Save the date.
Further details will be available in the next Newsletter.

B Beare & G Martin
PE Teachers

CHOIR

Congratulations to the Choir students who participated in the Festival of Music at the Adelaide Festival Theatre on Wednesday 17/9.
It was a wonderful evening and a night we trust our students will remember for years to come. Thank you to the parents, caregivers, family, friends and staff who attended to support our students and share their success.
Thank you to Libby and Melissa for their valuable help with Choir this year.

Erina Anderson
Performing Arts & Choir Teacher

HEAD LICE

The holidays are a good opportunity to break the cycle of head lice. Please check your child/children’s hair regularly and treat the hair if you find any eggs or lice. Regular checking can assist in reducing the incidence of head lice at our school.
COMMUNITY NEWS

- **Homelink for Children** Disability Carers needed now. Share your home and join our growing team of Carers. Ph 82025291 or visit www.unitingcommunities.org/homelink.

- **The Parenting Playgroup Inc** A not-for-profit Association supporting parents/carers in their most important role. Our aim is to support parents/carers by linking them to the information they need. Our focus is on children from birth to 17yrs. For more information visit www.parentingplayground.org.au (‘contact us’ page).

- **Come and Try Athletics** Noarlunga Little Athletics is a great way for kids to have fun and get fit in a family friendly environment. Held at Christies Beach High School Oval on Sundays from 9:00am. Ph Garry 0400147662 or visit www.noarlungac.com.au for more information.

- **Baby Play** A new play based program for families with babies not yet walking. Held at Christie Downs Primary School, Sea Lion Building, Elizabeth Rd, Christie Downs. Ph Joanne 83825950 for more information.

- **Children’s Week Awards** The Children’s Week Association of SA is seeking to recognise children, young people and members of the community who make a difference for children. We are especially interested in discovering the quiet achievers and those who have not been previously recognised. For more information Ph 83622185 or visit sachildrenswaek.org.au.

- **Take Home a Big Brother or Sister** Southern Cross Cultural Exchange are seeking volunteer host families for international students arriving in Australia in February 2015 for their 3, 5 or 10 month stay. Visit www.scce.com.au or Ph 1800500501 for more information.

- **Southern Adelaide Career Services** Perfect Pathways, choose your road to success. Southern Adelaide Career Services have many services available to assist you career planning. Ph Jill Shaw 81040778 or visit www.perfectpathways.com.au for more information.

- **SciFun Days at the Planetarium** Looking for something to do these holidays? Come along to two fun filled days at the Planetarium on 2/10 & 3/10. For more information visit www.unisa.edu.au/planetarium.

- **Breaking the Cycle of Violence** Come and discover the realities and implications of violence and how you can help break the cycle. A Cocktail Fundraiser to be held on 3/10 at the Pt Noarlunga Arts Centre from 7:30-10:30pm. Ph 0416578143 for more information.

- **Ride Your Bike Right** A Road Safety Education session will be held at Morphett Vale East PS, Monarch St, Morphett Vale on Tues 7/10 from 10:00am-12:00pm for children aged 6-12yrs. Free. Ph Jodie 83923194 to register or for more information.

- **Siblings in Focus** A 2 day structured program for 8-12yr old siblings of children with special needs, disabilities and/or chronic illness. Held on Wed 8/10 & Fri 10/10 from 9:30am-3:00pm at Family Connections Hackham, 72 Collins Pde, Hackham. To register Ph Tayna or Sam 81866944.

- **ATEC - Skills for All** ATEC is offering fee free courses to eligible applicants. This exciting Skills for All training program will provide you with skills and knowledge in the construction industry that can fast track you into a carpentry or electrical apprenticeship. For more information Ph 1300112832.

- **Blue Light Disco** A Blue Light Disco for children aged 11-16yrs will be held on Fridays 17/10 (Halloween theme) from 7:00-10:00pm at Noarlunga Leisure Centre, David Witton Dr, Noarlunga Centre. All discos are a lock-in event. Tickets $5.00 from Colonades Info Desk. Ph 83929046 for more information.

- **Yoga** Yoga at Hackham West Community Centre each Monday commencing 20/10 from 1:00-2:00pm. Cost $5.00 per session. Bring a bottle of water and a yoga mat. Ph 83841065 to register.

- **Discover the Joys of Christmas** A FREE, fun 6 week course to help you to make the best of the Christmas season for yourself and your family. Held each Monday from 9:30-11:30am commencing 27/10 at Hackham West Community Centre. Free créche. Ph 83841065. Bookings essential.

- **Singing for All** Discover or rediscover the joy of shared singing in this fun group. For young and old, anyone who likes the idea of singing in a choir. Held at the Hackham West Community Centre each Tuesday from 28/10-2/12 from 9:45-11:00am. Ph 83841065 for more information or to register. Free.

- **Go Swim Day** Come and try our FREE Junior Swim Clinic. Quality coaching, novelty races, free healthy snacks and water, national aged swimmers on the poolside, plenty of information and fun. To be held on Sat 25/10 from 12:30-2:00pm at Sherriffs Rd Swimming Centre, Reynella. Swimming fun for ages 9 yrs and over. Ph Liesl 0414604296 for more information.

Flyers with further information relating to the above events are available from the Front Office.